

## **The Nutrition Committee**

The Nutrition Committee, recruiting well-known sports nutritionists, has on its agenda organization of nutrition consultation services, and providing the training camps with diet program, while holding training courses on sports nutrition for coaches and athletes and managing consumption of dietary supplements.

The Nutrition Committee, benefiting from renowned sports nutritionists, offers such services as:

- Sports nutrition counseling.
- Sports supplement counseling.
- Nutritional evaluation and body assessment of national teams due to be dispatched to key regional, continental, world and Olympic games.
- Finding sports talents and body assessment.
- Preparing dietary programs for sports training camps.
- Arranging nutritional needs and supplements for medical commission of National Olympic Committee.
- Providing training courses on sports nutrition for coaches and athletes.
- Reviewing proposals on efficiency and use of the sports nutrition products and goods (including dietary products and supplements) which are produced or imported by food companies.
- Conducting research and studies on sports nutrition and dietary supplements.
- Cooperation with sports nutrition related institutions on the international level to promote sports nutrition in Iran.
- Participating in the national, regional and international seminars and congresses actively.
- Managing consumption of dietary supplements